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*Cappiello Vincent Morelli Timothy Hoff J. Lloyd Michener Eric J. Cassell M.D. Samuel Proger Sherri Sheinfeld Gorin*

ask for a definition of primary care and you are likely to hear as many answers as there are health care professionals in your survey primary care fills this gap with a detailed definition already adopted by professional organizations and praised at recent conferences this volume makes recommendations for improving primary care building its organization financing infrastructure and knowledge base as well as developing a way of thinking and acting for primary care clinicians are there enough primary care doctors are they merely gatekeepers is the traditional relationship between patient and doctor outmoded the committee draws conclusions about these and other controversies in a comprehensive and up to date discussion that covers the scope of primary care its philosophical underpinnings its value to the patient and the community its impact on cost access and quality this volume discusses the needs of special populations the role of the capitation method of payment and more recommendations are offered for achieving a more multidisciplinary education for primary care clinicians research priorities are identified primary care provides a forward thinking view of primary care as it should be practiced in the new integrated health care delivery systems important to health care clinicians and those who train and employ them policymakers at all levels health care managers payers and interested individuals

this comprehensive work provides a lucid examination of the difficult problems that arise with the implementation of effective primary care the book has four purposes to help practitioners of primary care understand what they do and why to provide a basis for the training of primary care practitioners to stimulate research that will provide a more substantive basis for improvements in primary care and to help policy makers understand the difficulties and challenges of primary care and its importance in addition to discussing systems of primary care and alternative ways of evaluating them the author addresses important issues such as practitioner patient communication information systems and

medical records referral processes personnel managed care financing quality assessment and community orientation this unique volume provides a clear and valuable assessment of the basic concepts issues and challenges in this increasingly important field

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in the united states family medicine and primary care are on the verge of extinction the biggest problem that has defined this issue is the lack of time physicians must spend with their patients which on the average is only seven minutes since the resources and reimbursement for primary care doctors are so razor thin these physicians must build up panels of patients reaching into the thousands so they can run 30 or more patients through their office daily this is an unsustainable vicious cycle as more resources are required for these large numbers of patients dramatically increasing the doctor s overhead in membership primary care transforming family medicine is key to healthcare reform robert t bailey pharmd md shares revelatory wisdom that offers solutions for our dysfunctional and expensive healthcare system

dr bailey explores a successful model to restore family medicine to its former days of glory and prominence so it can play a primary role in reforming our healthcare system improving the wellness of us citizens and substantially reducing the high cost of healthcare written to both patients and healthcare thought leaders membership primary care clearly identifies the major problems in the medical field and provides a blueprint for improving family medicine putting into practice dr bailey s teaching can result in a win win win situation for the patient the doctor and the healthcare system with more universal acceptance of dr bailey s model of care primary care will draw more of our brightest medical students into this incredibly important field while greatly improving patient care and decreasing utilization of the most expensive doorways into healthcare the practical methods dr bailey shares will reform our current system of sick care to one of wellness and prevention the powerful truths within membership primary care will change your understanding of all that healthcare can be dr bailey is a recognized thought leader in family medicine primary care and clinical pharmacy he was inspired to write this book to offer an effective solution to reform family medicine and healthcare in general for the sake of the health of our citizens and to dramatically reduce our healthcare expenses as a country dr bailey is founder and president of bailey family medical care in scottsdale arizona since 2003 baileyfamilymedicalcare.com and is a specialist in the baledoneen heart attack and stroke prevention method he is an expert in the integration of pharmaceuticals and nutraceuticals he has received numerous patient awards including patient choice physician awards america s most compassionate doctor awards phoenix magazine top doctor award top 10 family doctor and medical practice in scottsdale arizona and the ncqa ada physician diabetic recognition program award dr bailey is a board certified family medicine physician and a fellow of the american academy of family physicians his background is broad and diverse he has served as a tenured associate professor of surgery family medicine and pharmacy at creighton university and an associate professor of family medicine and director of family medicine research at mayo clinic

scottsdale dr bailey has an illustrious academic career spanning more than forty years and has been awarded numerous large research grants from the national institutes of health and the health futures foundation in esophageal disease pharmacology and left ventricular heart assist devices as a bridge to heart transplant dr bailey is a christian physician and minister and was ordained as a full time christian minister of medicine by william standish reed md who pioneered the healing of the whole person through the spirit mind and body dr bailey serves as president of a nonprofit organization prophet s reward inc prophetsreward org to further positive health care reform in primary care and to advance whole person medicine

designated a doody s core title at the intersection of health care delivery and practice there lies a large area of patient care with no manual how to provide the best care to patients who have a critically low level of comprehension and literacy because all patients play a central role in the outcome of their own health care competent health care becomes almost impossible for caregivers when the boundary of low literary skills is present in a concise and well written format you will learn common myths about low literacy examples of low health care literacy how to recognize patients with low literacy strategies to help patients with low literacy and reduce medical errors cultural issues in health literacy ways to create a patient friendly office environment how to improve patient communication guidelines to target and overcome common problems practitioners encounter this clear well written book is packed with examples and tips and will serve as a much needed guide for primary care providers nurse practitioners hospital administrators and others who are looking for ways to improve their communication with patients and provide the most beneficial health care to their low literacy patients

our market based profit driven health care system in the united states has put necessary care increasingly beyond the

reach of ordinary americans primary health care the fundamental foundation of all high performing health care systems in the world is a critical but ignored casualty of the current system unfortunately primary care is often poorly understood even within the health professions this book describes what has become a crisis in primary care defines its central role analyzes the reasons for its decline and assesses its impacts on patients and families a constructive approach is presented to rebuild and transform u s primary care with the urgent goal to address the nation s problems of access cost quality and equity of health care for all americans

this book is to provide clincial students with some basic principles of diagnosis and management medico legal pitfalls and roles of evidence in primary care using practical examples the authors describe clearly the whole mental process in coming to a clinical diagnosis with emphasis on important signs or symptoms and investigations to look out for the book should be of interest to advanced medical students in the clinical years year 3 to 5 and novice clinicians who will be using history and physical examination skills in the clinical setting the examples are realistic and inspiring and the analyses to them are succinct

this book adopts an interdisciplinary approach with a wide scope of perspectives on primary healthcare describing related principles care models practices and social contexts it combines aspects of development research and education applied in primary health care providing practitioners and scholars with a comprehensive overview of the current knowledge and delivery models of healthcare in community settings it covers the practical philosophical and scholarly issues pertinent to the delivery financing planning ethics health politics professional and technological development resources and monitoring in primary health care contributors are from a diverse range of academic and professional backgrounds bringing together collective expertise in mainstream medicine nursing allied health chinese medicine health

economics administration law public policy housing management information technology and mass communications as such the book does not follow the common clinical practice or service based approach found in most texts on primary care the contents will serve as a useful reference work for policymakers researchers community health practitioners health executives and higher education students

to many practitioners managers and patients us primary care is in crisis primary care physicians are often overworked and undervalued and both patients and care providers can feel locked into structures that lack compassion and are unfit for their intended purposes healthcare reforms aim to resolve the situation but changes may take years to deliver and are contingent on numerous outside factors what steps are within care providers power to take now this book lays out a course to deliver compassionate care quality and efficiency that unlike many current patient centred medical home initiatives in the us does not require outside funding after reflecting on avoidable problems and harms in primary care the book offers stories of hope from innovative clinicians across the us before presenting ten practical deliverable steps to lift primary care provision from poor or mediocre to great this book will be of interest to practicing family physicians and general internists but will also be useful reading for health system leaders healthcare insurance purchasers and insurance company executives

this unique book is the first to bring together primary care experiences from around the world with emphasis on non western regions utilising published articles that profile different countries primary health care accompanied by expert commentaries the book consolidates global primary health care information over the past decade profiling the different countries primary health care systems and their implementation of primary health care policy as promoted by who and wonca the guide provides evidence of how countries and regions can introduce primary health care and family practice

to improve their health care infrastructure and delivery the book is essential reading for policy makers health educators and academic leaders in primary care and students of global health and provides useful background for those entering or established in clinical family practice around the world

there have been great strides made in designing the administrative structures of patient centered care but it is still difficult to design truly patient centered clinical routines that the entire healthcare team can enact the kind of partnership in which patients are fully part of the team that guides their own care goes against so much of the training and socialization of health professionals and for that matter the expectations of many patients this is particularly true for patients we sometimes call complex in other contexts we call them high utilizers disadvantaged heartsink patients or people with trauma histories blount calls them multiply disadvantaged patients to successfully serve these patients requires our best versions of team based care including behavioral health and care management team members though every member of the team needs help in engaging these patients and mutual support in adapting to the rapid changes in roles that new team approaches are creating this book offers a summary of the approaches that are currently in growing use such as health literacy assessment motivational interviewing appreciative inquiry shared decision making minimally disruptive care trauma informed care enfranchisement coaching relationship centered care and family informed care finally it offers a transformative method based on familiar elements that is transparent empowering activating and mutual the team way

the general practitioner was once america s doctor the gp delivered babies removed gallbladders and sat by the bedsides of the dying but as the twentieth century progressed the pattern of medical care in the united states changed dramatically by the 1960s the gp was almost extinct the later part of the twentieth century however saw a rebirth of the

idea of the gp in the form of primary care practitioners in this engrossing collection of oral histories and provocative essays about the past and future of generalism in health care fitzhugh mullan a pediatrician writer and historian argues that primary care is a fascinating important and still endangered calling in conveying the personal voices of primary care practitioners mullan sheds light on the political and economic contradictions that confront american medicine mullan interviewed dozens of primary care practitioners family physicians internists pediatricians nurse practitioners and physician assistants asking them about their lives and their work he explains how during the last forty years the primary care movement has emerged built on the principles of big doctoring coordinated comprehensive care over time this book is essential reading for understanding core issues of the current health care dilemma as our country struggles with managed care market reforms and cost containment strategies in medicine big doctoring in america provides an engrossing and illuminating look at those in the trenches of the profession

increasing numbers of general practitioners are discovering the benefits of working with positive health it helps to talk with patients in a different way with a focus on possibilities rather than on the impossibilities related to a particular health problem this is good for the patient and for the general practitioner but how do we apply positive health this handbook provides useful tools the book is full of tips tells the story of how the concept was first developed and gives practical examples it explains the underlying scientific basis of positive health with a clear emphasis on what is meaningful to patients and above all this book invites you to start working with positive health on various levels in your consulting room your practice and in the local community because cooperation and combined effort are key you will experience how positive health seamlessly fits the core values and challenges of all aspects of primary care the handbook is intended for all primary care professionals as well as those who are still in training it describes the dutch health care

system and the experiences related to inspiration implementation and the anchoring of the positive health concept into this system the publication is indispensable for anyone who wants to provide meaningful primary care using the positive health concept when i heard about positive health and the spider web i felt that it gave us a much wanted tool to empower our patients and the community elínborg bárðardóttir general practitioner programme director primary care training primary healthcare in iceland

real world scenarios help you develop clinical reasoning skills for primary care case studies in primary care a day in the office 2nd edition includes 50 case studies on the most commonly encountered situations in primary care demonstrating the kinds of health problems that a nurse practitioner or physician assistant might see during a typical clinical day case studies cover patients from various cultures and all ages you're asked to analyze data and think critically in reaching accurate diagnoses and planning effective treatment you can then submit your responses online for grading and instant feedback real world scenarios offer the opportunity to analyze clinical situations likely to be encountered in today's primary care settings providing practice in clinical reasoning skills day in the office format presents cases hour by hour in the way a typical clinical day might unfold emphasis on problem based learning helps you to think critically and analyze clinical situations such as ear infections diarrhea and coughing and fever in order to provide appropriate primary care six new cases are included for a total of 50 with three focusing on older clients with more complex health challenges one addressing unplanned pregnancy and two addressing practice management issues new emphasis on follow up care addresses patients coming to the primary care setting from retail clinics rehabilitation settings or acute care settings and underscores the importance of interprofessional collaboration new enhanced patient diversity includes cases for all age groups and reflects a more contemporary appreciation of cultural diversity and gender gender identity new updates to all

cases ensure that case studies and feedback are consistent with the latest research evidence clinical practice guidelines and national and international treatment standards new online answer submission allows you to write assessment and plan answers in the printed book then submit answers online for grading and feedback new grading rubrics are provided on the companion evolve website to help you develop your answers new introduction explains how to get the most out of the book

in this issue of primary care clinics in office practice guest editor dr vincent morelli brings his considerable expertise to the topic of ai in primary care top experts demystify artificial intelligence and introduce basic concepts of ai in primary care including how to understand ai outputs acknowledge limitations and reveal key ai technologies relevant to healthcare additional articles discuss how ai can aid in patient diagnosis management and workflows contains 13 relevant practice oriented topics including ai in risk assessment and prevention ai and social determinants of health ai in diagnosis and clinical decision making integrating ai solutions into administrative medicine and practice workflows ethical and legal considerations the future of ai in primary care and more provides in depth clinical reviews on ai in primary care offering actionable insights for clinical practice presents the latest information on this timely focused topic under the leadership of experienced editors in the field authors synthesize and distill the latest research and practice guidelines to create clinically significant topic based reviews

through ninety five in depth interviews with primary care physicians pcps working in different settings as well as medical students and residents practice under pressure provides insight into the everyday lives of generalist physicians in the early twenty first century their work stresses hopes expectations and values supports this dialogue with secondary data and captures the changing face of primary care medicine s larger numbers of younger female and foreign born physicians

from publisher description

the entrenched separation of primary care and public health in the united states has been damaging and self perpetuating as both sectors struggle to meet their own challenges population health has deteriorated due to their failure to integrate for the first time the practical playbook offers professionals in primary care and public health a roadmap to integrating their work with the larger goals of population health drawing on the experiences of hundreds of public health and primary care professionals from across the us this book explains why is population health important what are the practical steps that clinicians and public health professionals can take to work together to meet the needs of their community what are the signs that you're on the right track and how can progress be sustained comprising case studies practical recommendations data resources and commentaries from national leaders on both sides the practical playbook is the new benchmark for primary care and public health practitioners working to improve population health

american medicine attracts some of the brightest and most motivated people the country has to offer and it boasts the most advanced medical technology in the world a wondrous parade of machines and techniques such as pet scans mri angioplasty endoscopy bypasses organ transplants and much more besides and yet writes dr eric cassell what started out early in the century as the exciting conquest of disease has evolved into an overly expensive over technologized uncaring medicine poorly suited to the health care needs of a society marked by an aging population and a predominance of chronic diseases in doctoring the nature of primary care medicine dr cassell shows convincingly how much better fitted advanced concepts of primary care medicine are to america's health care needs he offers valuable insights into how primary care physicians can be better trained to meet the needs of their patients both well and sick and to keep these patients as the focus of their practice modern medical training arose at a time when medical science was in

ascendancy cassell notes thus the ideals of science objectivity rationality became the ideals of medicine and disease the target of most medical research became the logical focus of medical practice when clinicians treat a patient with pneumonia they are apt to be thinking about pneumonia in general which is how they learn about the disease rather than this person s pneumonia this objective rational approach has its value but when it dominates a physician s approach to medicine it can create problems for instance treating chronic disease such as rheumatoid arthritis diabetes stroke emphysema and congestive heart failure is not simply a matter of medical knowledge for it demands a great deal of effort by the patients themselves they have to keep their doctor appointments take their medication do their exercises stop smoking the patient thus has a profound effect on the course of the disease and so for a physician to succeed he or she must also be familiar with the patient s motivations values concerns and relationship with the doctor many doctors eventually figure out how to put the patient at the center of their practice but they should learn to do this at the training level not haphazardly over time to that end the training of primary care physicians must recognize a distinction between doctoring itself and the medical science on which it is based and should try to produce doctors who rely on both their scientific and subjective assessments of their patients overall needs there must be a return to careful observational and physical examination skills and finely tuned history taking and communication skills cassell also advocates the need to teach the behavior of both sick and well persons evaluation of data from clinical epidemiology decision making skills and preventive medicine as well as actively teaching how to make technology the servant rather than the master and offers practical tips for instruction both in the classroom and in practice most important doctoring argues convincingly that primary care medicine should become a central focus of america s health care system not merely a cost saving measure as envisioned by managed care organizations indeed cassell shows that the primary care physician can fulfill a unique role in the medical community and a vital role in society in general he shows that primary care medicine is not a retreat from

scientific medicine but the natural next step for medicine to take in the coming century

prevention practice in primary care systematically explores state of the art practical approaches to effective prevention in primary care guided by theory and evidence the book reviews approaches to risk factor identification and modification for the major causes of mortality in adulthood including cancer stroke and cardiovascular disease

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